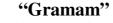
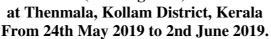
THENMALA ECOTOURISM PROMOTION SOCIETY (TEPS)











Come join with us. Registration opens on 20th May 2019.

Call +91 9496344800 or email @ gramam@teps.in for enquiry & registration.

RULES AND REGULATIONS FOR COMPETIONS

1. High Rope Activities

Date: 24th of May 2019.

Time 11.00 am

Venue: Adventure Zone, Thenmala Ecotourism, Thenmala.

Run and complete a series of activities like cope two wire, twines, net tunnel, net walk, Burma bridge, commando net, Russian ladder, River crossing. The time taken for completing the activities is the deciding factor for the prizes.

• 3 categories age wise as detailed below.

A : 10 to 15 years old
B : 15 to 20 years old
C : 20 years and above

- Maximum of 10 participants in each category on first come first serve basis.
- Three prizes will be awarded as per the least time of completion.
- Participants will be given certificates.

2. Cookery (main course)

Theme	Day	Time
Chakka (Jackfruit) plus side dish.	24 th of May 2019.	3.00 p.m.
Kizhangu (Tuber) plus side dish.	25 th of May 2019.	3.00 p.m.
Palaharam (Kerala Snack)	26 th of May 2019.	3.00 p.m.

Venue: Culture Zone, Thenmala Ecotourism, Thenmala.

- Maximum of 10 participants in each category on first come first serve basis.
- Prizes will be awarded for three in each category by an expert panel.
- All participants will be given certificate of participation
- Participants shall provide a write up of the dish, its history, origin ingredients, preparation method in writing before evaluation.
- TEPS reserves the right to publish the method of preparation with changes if any proposed by experts.
- TEPS shall provide the following equipments for each participant in the live cooking kitchen:

- Work tables
- Stove
- Coconut grater.
- 1 Kitchen Aid mixer (Common)
- 1 Sink with water (common)
- 2 electric sockets 220v (common)
- Refrigerator (Common)
- Cooking time will be 2 hours.
- Pre-prepared ingredients cannot be brought from outside in to the venue.
- All pre-preparations have to be done on the spot.
- Each contestant should prepare at least 20 portions.
- The participants must bring all needed small equipment and kitchen utensils (such as cutting boards, knives, pots, pans, bowls, plates), as well as any other materials needed to cook and serve.
- TEPS will not be held responsible for any damage to or loss of exhibits, equipments, utensils or personal effect of competitors.
- Use of mobile phone during the competition will not be allowed.
- The decision of judges shall be final.
- TEPS reserves the right to change the dates of the competition or cancel the competition without assigning any reason for the same. No claims will be entertained on this regard subsequently.
- Extra points will be added or deducted depending on your clean and neat working habit.
- It is imperative that you return your working area in spotless condition.
- Judges will be briefed to mark up competitors who, in their opinion, show the maximum number of craft skills in producing their dishes.
- It is in the competitor's interest to complete as many tasks, including butchery, filleting and trimming in the time allocated for the competition.
- Plastic utensils or food items in plastic wrappers carry bags etc will be considered as disqualification.
- The necessary plates for serving can be brought or can buy from the store of TEPS.

Basic judging parameters include

Cleanliness and hygiene 10 marks
 Mis-en-place (Pre-preparation) 10 Marks.
 Preparation 20 Marks.
 Aroma taste and texture 30 marks.
 Presentation 10 Marks.
 Relevance to the theme 10 Marks.
 Judges remarks 10 Marks.

The parameters are subject to changes and may be reconfirmed by the contestants 1 day before the competition.

3. Cycling

Venue: Culture Zone, Thenmala Ecotourism, Thenmala.

Date: 25th of May 2019.

Time 10.00 am.

- Maximum of 10 participants in each category on first come first serve basis.
- Three prizes will be awarded as per the least time of completion.
- Participants will be given certificates.

- Age no bar.
- Riding distance 5 kms off road.
- The participants shall bring their own bikes or opportunity will be provided to hire bikes at Thenmala. The cost of hiring cycles is Rs.200/-.

4. Mobile photography

- Theme Village
- Entries till 12 noon, 25th May 2019
- Three prizes will be awarded for the selected photos by judging panel.
- Send your photos to <u>gramam@teps.in</u>. Along with caption, name, contact details. Make sure to include the term "Mobile Photography Contest" in the subject line.
- All participants will be given certificate.

5. Painting

Category	Age	Day	Time
A	5 to 7 years	24 th of May 2019.	11.30 am
В	8 to 10 years	24 th of May 2019.	11.30 am
С	11 to13 years	25 th of May 2019.	11.30 am
D	14 to 16 years	25 th of May 2019.	11.30 am
E	16 years and above	26 th of May 2019.	11.30 am

Venue: Culture Zone, Thenmala Ecotourism, Thenmala.

- Theme Village
- Participants shall register with TEPS.
- Each participant shall be given paper for the art work.
- TEPS shall have the right to use the paintings for its use.
- Three prizes will be awarded for the selected paintings by judging panel.
- All participants will be given certificate.
- Medium Water colour
- Paper size: 18" x 12",
- Indian Art Paper, 210 gsm
- Time duration to be given to participants: 1.30 hours

6. Photography

- Theme Village
- Entries till 12 noon, 25th May 2019
- Photographs will be exhibited along with the photographs of the exhibition.
- Interested photographers can register with TEPS.
- Send your photos to <u>gramam@teps.in</u>. Along with caption, name, contact details. Make sure to include the term "Photography Contest" in the subject line.
- TEPS shall have the right to use the photographs provided for the competition for its use.
- Three prizes will be awarded for the selected paintings by judging panel.

Note: The Chief Executive has full powers to change the rules of the competition at any time of the competition and such change is not questionable.